### Birdies for Charity: A Winning Partnership for Local Nonprofits



Birdies for Charity has proven to be an incredible platform for giving, leveraging the excitement of the Travelers Championship to benefit nonprofits across the state. This year, supporters of Kuhn came together, with family, friends, staff, and board members contributing generously to support the organization's mission.

Thanks to the generosity of Webster Bank, every donation received a 15% bonus, amplifying the impact of each contribution. Through this collaborative effort, we raised over \$2,400, which will go directly towards supporting Kuhn's vital programs and mission.

We extend our gratitude to everyone who participated and supported our efforts. Your contributions are invaluable in helping us continue our work in the community.

As we look ahead to next year, we're excited to build on this success and hope to raise even more funds to support our mission. Together, we can make a significant difference!

Thanks to our Executive Assistant, Sabrina Hoisington, for coordinating this effort!



# Halloween Workshop of Horrors: Navigating Workplace Challenges

On Friday, October 25th, a unique workshop themed around Halloween brought together 25 attendees for an engaging and insightful experience. Organized as a collaboration between Kuhn's Middletown and Rushford programs, the event allowed participants to tackle real workplace challenges through creative and spooky scenarios.

Led by Kuhn staff, Walt Kita and T.R. Holt, the workshop encouraged attendees to brainstorm and work through scenarios that reflected common workplace dilemmas. This interactive format not only made the discussions enjoyable but also provided valuable insights into how to address these challenges effectively. Participants were encouraged to share their own experiences and seek feedback from both Kuhn staff and fellow attendees, fostering a supportive environment for dialogue.

The workshop emphasized the importance of communication in helping clients navigate workplace situations. Through discussions, attendees explored how Kuhn can better support job seekers, equipping them with the tools needed to handle difficult workplace scenarios.

To ensure everyone could attend, transportation was provided as needed, demonstrating the commitment to inclusivity and support. The event wrapped up on a festive note, with attendees enjoying pizza from Mondo's and receiving Halloween-themed goodie bags as a token of appreciation.

Overall, the Halloween Workshop of Horrors successfully combined fun and learning, empowering attendees to face workplace challenges with confidence.

Kuhn would like to thank Gilead Community Services for their support with transportation to this event.





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#### 2024 Silver Lake Paddle Race: A Bright Success Amidst the Fall Foliage

The 2024 Silver Lake Paddle Race kicked off under a grey sky, but as the day unfolded, the clouds parted to reveal a brilliant autumn day. On Sunday October 13<sup>th</sup>, participants gathered at the scenic Silver Lake in Berlin for a thrilling fivemile race, where over 70 dedicated racers and a handful of recreational paddlers took to the water, showcasing their skills in kayaks, canoes, and stand-up paddleboards.

As the racers glided across the lake, they were treated to breathtaking views of the vibrant fall foliage that surrounded the area. The stunning colors of red, orange, and gold painted a picturesque backdrop, reminding everyone of the beauty of the season and the joys of outdoor recreation.

This year's event was made possible thanks to the tireless efforts of many individuals and organizations. A special thanks goes out to the Berlin fire department and other safety boats that ensured a safe environment for all participants. Their presence provided peace of mind and contributed to the overall success of the race.

We also extend our gratitude to Mule Security for their generous sponsorship, which played a crucial role in making this event possible. Their support is vital in fostering community events that bring people together. Additionally, a big thank you goes to the Quinnipiac Watershed Association for their free kayak rentals, allowing more participants to join in on the fun. The collaborative spirit displayed by these organizations truly highlights the strength of our community.

The race was organized by Board of Directors Secretary Vicki Cummings and her husband, Del Cummings, whose hard work and dedication ensured everything went smoothly. Their commitment to the event not only promoted healthy outdoor activities but also supported a worthy cause. A thank you is also extended to one of Kuhn's newest Board members, Mary Tiberii, for her generous donation of baskets for our drawing.

Thanks to the efforts of everyone involved, the Silver Lake Paddle Race raised over \$1,500, which will go towards supporting Kuhn.

As the sun set on this successful event, participants left with smiles, memories, and the satisfaction of contributing to their community. We look forward to next year's race, where we can again come together to celebrate the spirit of paddling



2024 Selina "Sally" Kuhn

We are proud to announce Geraldine "Jetta" Reddick as the recipient of the 2024 Selina "Sally" Kuhn Memorial Award. This prestigious award is given to a staff who consistently goes above and beyond in supporting Kuhn and our mission to support individuals with care and compassion.

Jetta is a true embodiment of this spirit. Nominated by multiple colleagues, Jetta is known for her unwavering willingness to step in wherever needed. Whether it's helping in different departments, supporting her co-workers, or offering a listening ear, she always does so with a smile and a positive attitude. Her deep knowledge of the individuals she serves, combined with her encouraging demeanor, makes everyone feel valued and appreciated.

Jetta's contributions extend beyond her daily responsibilities — her great ideas and down-toearth nature inspire those around her, and she brings out the best in everyone. Her dedication and infectious positivity are key reasons why she is such an asset to Kuhn. Please join us in congratulating Jetta for her well-deserved recognition!





# Kuhn's North Colony Based Programs Celebrate the Holiday Season with Fun, Laughter, and Team Spirit

This year, Kuhn took some time to enjoy the holiday season with a festive celebration filled with joy, creativity, and camaraderie. The festivities kicked off with a spirited door decorating event, where everyone showcased their holiday cheer through creative designs that brightened up the workplace. The excitement continued with Spirit Week, where everyone got into the holiday spirit with themed attire that brought out the best in everyone.

Throughout the celebration, music, delicious food, and plenty of laughter created an atmosphere of warmth and togetherness. From the lively tunes to the smiles shared over a meal, it was a true reminder of the importance of community and celebration.

A big thank you to all the staff who worked hard behind the scenes to make this year's holiday celebration such a success. Your efforts helped bring everyone together for a time of fun and reflection.

As we wrap up the year, we want to extend our heartfelt thanks to all of you for their continued support and dedication. Wishing you all a **Happy Holiday Season** filled with joy, peace, and happiness!



# A Heartfelt Thank You for Your Support

As we reflect on the past few months, we want to extend our deepest gratitude to everyone who supported Kuhn during our recent fundraising efforts. Whether you purchased pies during our Holiday Pie Fundraiser, shopped at our Good Cause Gifts event, demonstrated your generosity on #GivingTuesday, or responded to our year end appeal letter, your contributions have made a meaningful impact.

Your continued support is vital to our mission and helps us make a difference in the lives of so many people every day. We are truly grateful for your commitment and generosity. Thank you for being a part of our community and helping us create positive change.

### Jim Anderson, Honored for 18 years of Dedicated Service



James "Jim" Anderson, a valued member of Kuhn's Board of Directors for the past 18 years, has made a significant impact on Kuhn, serving in a variety of key roles and championing Kuhn's mission and values throughout his tenure. After years of dedicated service, Jim's time on the Board has come to an end. Jim's dedication

and leadership were recently recognized when he was presented with a plaque of appreciation by Beth Fisher, Kuhn's CEO.

Throughout his long tenure, Jim has been an indispensable member of the Board, offering insight and guidance in numerous capacities. Notably, he served as Board Secretary, playing a crucial role in the organization's governance and strategic direction. His commitment to excellence, integrity, and forwardthinking leadership has helped shape Kuhn into the respected non-profit it is today.

Beth Fisher, CEO of Kuhn, expressed her deep gratitude for Jim's unwavering support and contributions to the company. "Jim has been a true champion for Kuhn," she said. "We are truly grateful for his service."

The plaque presented to Jim serves as a symbol of the nonprofit's appreciation for his service and the lasting impact he has had on Kuhn's continued success. Jim's leadership, both on the board and within the broader community, remains a testament to his commitment to excellence and his belief in Kuhn's mission.