

1962 - 2012 50th Anniversary

Our Founder Ernest Kuhn

Kuhn immigrated sometime before WWII, bringing his mother after and married Selina "Sally" Chapman, and they made their home in Meriden. As his mother became older and more infirm, she could care for her mother-in-law, Sally had opened a small four children. Ernie himself daycare center, building play structures for the children's enjoyment. One day, Sally received a call from a woman "could not be handled. He would shut the world out." Sally took in the child and His behavior greatly improved over time which impressed found her daycare services in demand.

In the early 1960s, there were no vocational employment opportunities available to persons with disabilities. Once out of school, disabled persons most likely remained at home. Hundreds of individuals were housed in State of Connecticut facilities such as Mansfield and Southbury Training Schools. As a deacon of the Center Congregational Church, Ernie was asked to join a newly formed group called the Meriden Association for the Retarded of which he later became president. After his mother died, they closed the daycare only to reopen a new center for older boys with disabilities in its place.

"That's when Ernie got really hooked," Sally recalled. "He got three or four fellows started with simple jobs. Not all parents were in favor of the program, however, since many believed their child's disability was a private matter. But Ernie, some fathers and educators continued their campaign, knocking on doors and offering parents a special place where their children could learn and work. It all began with volunteers, a handful of mothers willing to admit something was 'wrong' with their children," recalled Sally. "It was also important that the son of the mayor got involved. Many listened to him and it gave a 'window of hope,' helping to convince the reluctant parents of the value of the program."



Aptitude Testing

Ernest B. Kuhn, right, director of the Meriden Regional Training Center and Shelter Workshop, administers an aptitude abilities test to Dennis Southland, left, and Clayton Beebe. The center, located on Oregon Road, was opened yesterday. (Journal Photo) he impact of r e t u r n i n g disabled veterans after World War II and the struggle for civil rights of women and minorities contributed to changing perspectives on disability in the United States.

Even as people with disabilities became more accepted, society viewed disability as a personal tragedy with which the individual and family must cope. Feelings of pity and actions of charity were typically evoked in others. Even successful individuals such as Franklin D. Roosevelt tried to hide their disabilities. Children with disabilities rarely encountered successful adults with disabilities.

Ernie Kuhn's belief in the value of work and its importance in defining a person's role in life drove him to pursue more and more work opportunities for an increasing number of people with disabilities.

The 1960's



TRAINEE CAROL DELLABITIA snows guess on u Regional Training Center at 106 Liberty SL how she wori on ceramic models of Christmas figurines. The Center set the sets it turns out to help with its upkeep. Watching ar left to right, Center volunteers A. Robert DeMaya and I Julia DeMayo, Southington selectman Alphonse Grimalá Southington first selectman Thomas J. Galick, Southington, selectman Pasquale Rich, Paul McLaughlin of Southington Cheshire Police Chief John McNamara, Southington Police Chief G. Robert Triano and Wallingford Assistant Superintendent of Schools A. Raymond McMahon. (Record Photon)

35 Officials See Center In Action

The Regional Training Center Executive director Roy E. "We are trying to show that I the Oslite as a traine one of 106 Liberty S. was humming Dailberg, workshop director mentally relarded popie can operation financed by site provide funds solve and provide funds solve and provide funds solve and workshop director metally relarded popie said fits made it mentally related at the provide funds solve workshop directors. The provide funds solve and workshop directors when the solve and the provide funds solve and workshop directors when the provide funds solve workshop directors when the solve and the provide funds solve workshop directors. The provide funds solve the provide funds solve workshop directors when the provide the provide funds solve the provide funds solv

rnie was appointed director of The Training Center which opened its doors on February 1, 1962. Within a few short months the Training Center outgrew its Oregon Rd. location and moved onto 106 Liberty Street. The center was operated much like a factory with employees punching a timecard and having coffee breaks. Ernie Kuhn was quoted "We are faced with the problem of taking people who have never been allowed to have a normal life because their retardation prevents them from mixing freely with others. Here they are among their equals and can be trained to meet others socially and to work with them."

"We are trying hard to educate people to realize that because a person is mentally retarded, it is no reason to keep him away from the world. We are trying to keep lives from being wasted."

> -Roy E. Dahlberg, Executive Director 1964

TUL STOREN

Editor Journal

Lanut Journel Sir: Jann 9.65 Referring the article "Jobs for Handicapped" by Syvia Handicapped" by Syvia tertion to the fact that Meri-terion to the fact that Meri-terion to the fact that Meri-dependent frammer and the second Sheitered Workshop for the mental retardate, located in the former East Side Grammar School at 106 Liberty Street, which our city administration leased to us. We are pleased to have had the chance to reno-vate and use this building for The workshop opened its doors in July 1962 with three trainees. Since then 38 young retardates entered the program, and we are very thankful to have graduated 10 of them into paintid employment. From fol-point of the second the second second paintid second the second second second paintid second to them into paintid second to them factors the second more than 252,000 n 1964. This amounts to a tax-payment of about \$3.000.

wu pigures obtained from mployers, our 10 former traines earned more than \$25,000 at 1940. This amounts to a tax ayment of about \$3,000. The annual cost of training the annual cost of training the standard will pay back in taxs the entire cost of one year (training in three years of mployment. Surely, public suport, either Federal, State or xal, for mental retardates in orsknops and training centers, noneywise is the best investion of the state of the s

Ernest B. Kuhn Workshop Director Regional Training Center

Tuesday, August 15, 1978-Transportation

By MARY BROWN

By MARY BROWN Margi is a mildly retarded woman, trained in all the skills necessary to land a how as a housekeeper in a motel, nursing one or private residence. We take has searched unsuccessfully for bearching indefinitely until a position becomes available. So "Margi" (not her real name) spends for days at the Earnest B. Kuhn Training Genter on Pratt Street, where she is as-signed work along with the roughly 60 other clients. The money she earns there comes from companies which have con-tracted with the conter for work to be done, and from the state government. Like most of the clients at the Kuhn Center, Margi's paycheck is subsized by the state under Tille 19 for as long as she remains at the center.

The reason she cannot find work, accord-ing to Kuhn Director Dennis Plante, is that there is no transportation available. "She's not able to drive, and her family cannot provide transportation for her every day," said her supervisor, Jayne Kleinman.

Even if she could locate a position on a bus route, Ms. Kleinman said, "transfering buses may be too confusing for her."

Common problem Her problem is shared by many of the center's clients, and also by mentally re-tarded and handicapped persons around

Plante said when clients come to the Plante said when clients come to the center, usually referred by another insitu-tion, the center's floor supervisors and in-structors try to determine if it is possible to train the person for private employ-



hile the 1960's were years of ground breaking changes for Kuhn, the 1970's represented tremendous growth and expansion of services. Operating under the name Regional Training Center and Sheltered Workshop, in 1973 the center was renamed for its founder to be called Ernest B. Kuhn Training Center and Sheltered Workshop.

Unfortunately later that same year on Christmas Day, Ernest died. At the time of his death, his life's work had helped almost 200 disabled

become gainfully employed. His legacy now continued with the addition of a structured transportation program.

Kuhn's first van was purchased with state and federal funds provided by the Urban Mass Transportation Administration. The twelve passenger vehicle included special features such as a wheelchair lift, tiedowns and a raised roof to accommodate many different physical challenges of the clients. The van was used to transport clients to and from the workshop to their homes.

The 1970's



BUS FOR THE WORKSHOP - The Meriden, Wallingford and Southington Ki-wanis Clubs yesterday presented a panel truck to the Regional Training Center to facilitate pickup and delivery of sub-con-tract work. Left to right are Meriden Kiwanis president Walter Deptula; Robert George, president-elect of the Wallingford club and Benjamin Doerfler, president of the Southington club. At the wheel of the gift truck is Ernest Kuhn, director of the training center. (Record Photo)

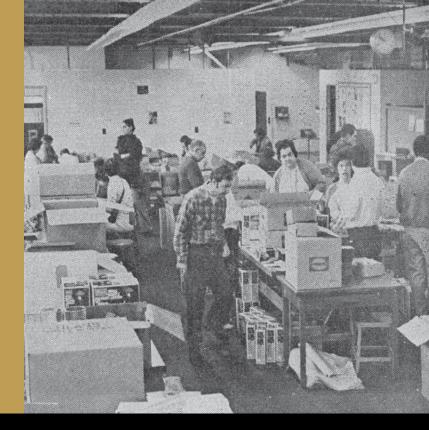
Area Kiwanis Clubs Donate **Truck To Training Workshop**

The Meriden, Wallingford and addition to other work, are sort-tardates into productive work-Southington Kiwanis Clubs have ing some 500,000 plastic bottle donated a pickup panel truck to caps for the Eyelet company. Center and Sheltered Workshop on Liberty Street, it was an pounced yesterday by Walter Deptula, president of the Meri-den Club.

oday the agency continues to provide round trip transportation from home to the programs based at the main campus on North Colony Road as well as to and from job sites across the region. Kuhn currently owns 28 vans used for individuals participating in the Group Supported Employment program, Work Services program and the Community Experience Program.

In 1976, rapid growth led to yet another move from Undercliff Road in Meriden to a more central and spacious downtown location of 165 Pratt Street. With 19,000 square, the center was able to continue its growth which included a small shop that sold crafts and ceramics made by our clients.

Kuhn settled this new into space, the agency now had the opportunity to think about the mission and consider expanding services to include new disability groups. It quickly became clear that helping those identified with mental illness return to the work force or enter the work force was the next venture. While Kuhn had already gradually begun to serve individuals with psychiatric disabilities in Middletown at the Beverly Heights workshop, opportunities to serve more individuals came about when the State Department of Mental Health (DMH) embraced this need. With new resources from DMH, Kuhn opened its Supported Employment Program at the Clocktower Building on Main Street in Middletown. This program was designed to provide individualized support necessary to obtain and maintain competitive, community employment that meets their needs and interests.



The 1980's

xperts increasingly a c k n o w l e d g e that work is a key factor in supporting mental wellness and warding off its reverse – mental illness.

Employment provides five factors that promote mental well-being:

- Structure
- Social contact and affiliation
- Collective effort and purpose
- Social and personal identity
- Regular activity

So for those who have lived with such illnesses, meaningful employment is an essential part of the recovery process. Kuhn's employment specialists assist with vocational planning, job matching, job seeking skills training, job development & placement, job coaching, job counseling and, follow along support. Each client has an individualized person centered plan.

At the same time, Kuhns referral source for most of its Pratt street clients, the State Department of Mental Retardation (DMR) also recognized the value of communitybased employment for individuals served and a new movement toward supported employment services was in full swing. During this time, the clients based in Meriden also had new opportunities with the development of the Group Supported Employment and Independent Placement programs. The number of individuals participating in the workshop decreased as more moved to communitybased jobs.

A Success Story

Michael K. began his career with Kuhn Employment Opportunities, Inc. on February 13, 1998 upon graduation from Bristol Eastern High School. With support from Kuhn's Group Supported Employment program, Michael quickly had a job and has been successfully employed at the Hamden Department of Labor since 1998. Michael's responsibilities include janitorial services such as vacuuming, mopping, trash removal, and maintaining restrooms,

Despite the challenge of living with a disability, Michael demonstrates an excellent work ethic and solid understanding of the skills taught to him by his job coach. As a result of Michael's hard work he has been able to build his quality of work and productivity to the point where he is able to earn a competitive and livable wage.

Michael's success epitomizes the Kuhn mission to assist individuals with disabilities to be valued by their community, be independent by earning a wage and to be proud of the work that they do. For Michael, work is the path to seize opportunities that will further his journey toward independence.

igning of the Americans with Disabilities Act (ADA) in 1990 by President George H. W. Bush changed the face of the American workforce. Now, all people were promised the opportunity of work despite physical or mental disabilities. The Act prohibits discrimination against people with disabilities, including psychiatric disabilities, in employment, state and local government activities, pubic accommodations, public transportation, telecommunications, and

public services. This historic Act brought tremendous new opportunities to Kuhn's clients. Access was the core of this monumental law. This includes the amenities of life that non-disabled people take for granted: going to a restaurant, a bank, a clothing store, taking the bus and being eligible to be employed at such establishments.

ADA's vision of full participation has had a profound impact on young people with disabilities. They have high expectations, and they are breaking down barriers.



The 1990's

he ADA was the most significant legislation to promote equality since the U.S. Congress passed the Civil Rights Act of 1964 and, has redefined the disability experience in the U.S.; most employers have come to accept the rightful place of disabled individuals within our society.

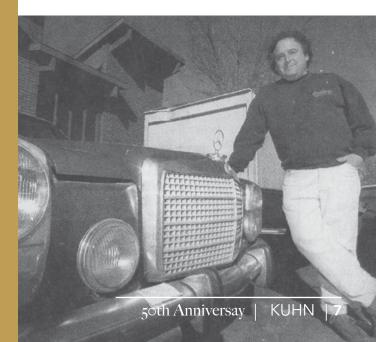
As Dr. Martin Luther King observed with regard to the civil rights movement, "the greatest victory of this period was... something internal... The greatness of this period was that we armed ourselves with dignity and self-respect."

During this time Kuhn services continued to grow and, the Beverly Heights operation closed in favor of more community-based services. The Middletownbased program moved to its current home at 100 Plaza Middlesex to better accommodate its growth. And, successful employment outcomes for participants in the Meriden-based program continued as well.

'Cars for Kuhn' raises cash for jobs program

The Cars for Kuhn program started during the 1990's and continues to be a significant source to Kuhn. All of funds for the donations are tax agency.

Donated cars are brought to auction and the money from the sale is given deductable.



the new new leadership, a new building and new programs.

In 2000, Kuhn's financial situation posed a significant challenge to the viability of redouble its efforts in the agency. The of directors board closely examined the

he start of situation with the help of an outside consulting millennium firm. Significant represented recommendations were additional growth and offered and initiated. changes for Kuhn: Many changes in staffing, spending, and program operations were made. After two years, Kuhn addressed all of its financial challenges allowing the agency to serving its clients in the community.

New inductees selected for Meriden's hall of fame

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memorialize for member ship the vision and in Meriden's Hall dedication of our of Fame. The Hall founder Ernest of Fame honors B. Kuhn, Kuhn Meriden natives for Opportunities to better Meriden Fame.

In a effort to nominated Ernest



and society at large. The nomination was accepted and on October 13, 2005 Ernest B. Kuhn was inducted in the Employment their contributions Meriden Hall of

The 2000's

fter adjusting to the changes of the beginning of the decade. Kuhn set off to find a more suitable work environment in 2005. With the help of the board of directors and the community, Kuhn was able to purchase and relocate to 1630 North Colony Road Meriden. This former Knights of Columbus Hall with acreage on

Silver Lake serves as the headquarters for Kuhn. Strategic renovation of the building provides generous space for onsite program services, a base for external programs and a suite of administrative offices. The large parking lot accommodates Kuhn's 28 vans, staff cars as well as ample space for visitors.



"Work is not something you obtain when you recover. Work assists in the recovery process..."

uhn developed a collaborative relationship in 2006 with the Rushford Center. one of Connecticut's leading substance abuse and mental health providers. After an extensive period of consultation and review of existing employment services for persons with psychiatric disabilities, a contractual relationship was established between Kuhn and the Rushford Center. A program model, designed using evidence-based practices, was implemented with Kuhn staff located within Rushford's

Meriden - facility and embedded with clinical teams to best assist individuals to enter / re-enter the workforce.

In 2009, Kuhn responded to a "Request for Proposals" from the Department of Mental Health & Addiction Services (DMHAS) intended as a system-wide overhaul of employment services to insure that quality, evidence-based services were provided statewide. As a result, Kuhn was awarded expansion funding for both its Middletown and Rushford - based programs. Today, these two programs serve approximately 250 individuals annually.

To Today

eanwhile Kuhn had entered into School to Work transition services and provided work opportunities and community - based job assessments for special education students from a variety of local school systems. In 2008?, discussions with the East Hampton Board of Education (EHBOE) lead to the development of a new and innovative program that houses Kuhn staff within that school system. Services are designed to meet individual student needs each school year and include opportunities such as: life skills, career exploration, group supported employment, internships, assessments and independent job placements

The second half of the current decade has also seen many changes for program participants served by Kuhn through the Department of Developmental Services (DDS). A new funding structure for service reimbursement has required a renewed diligence to cost efficiencies but, has also led to a renewed commitment to improved employment outcomes for persons served. Striving to assist individuals to work in the least restrictive and most integrated employment setting continues to be Kuhn's focus in promoting our mission that persons served are Valued in their community, Independent as a result of earned income and Proud of their work and contribution to community.



A Success Story

Jean M. is a shining example of Kuhn's Middletown-based Supported Employment Program in action. Driven, hardworking and determined to succeed, he joined Kuhn in February, 2009, having been out of the work force for a couple of years. At each weekly meeting with his Kuhn employment specialist, Jean filled out multiple job applications. "Work is important to me – I've always worked," said Jean. "I feel good about myself when I have something to do."

Jean's positive attitude and perseverance paid off quickly. Within three months of joining the agency, he found work as a dishwasher at Du Glace Bistro and La Patisserie in Deep River. His dedication to do the best job possible made him a valuable member of the kitchen staff. "He does everything we ask and more," said his boss. "I wish we could clone him."

Unfortunately, the restaurant closed in February, 2010, but Jean did not let that drag him down. He began looking for another job straight away, and in June 2010 he was hired to work as a produce clerk at Adam's Super Food Mart in Deep River. Jean, his bosses report, has become the unofficial "face of Adams," greeting every customer with a smile and cheerful "hello" in his lilting Haitian accent. "Everyone knows him, and everyone likes him," said his supervisor.

"I like to keep myself busy," said Jean. "People are much happier when they have something to do."

Program Overview



A Success Story

Clinton's journey in recovery with Kuhn support began in November, 2007. Clinton had been receiving mental health services at the Rushford Center in Meriden for several months and expressed to his clinician a desire to re-enter the workforce as his goal. Shortly thereafter, Clinton was referred to Kuhn.

At that time, Clinton had an extensive work history. One work experience that he often referred back to fondly was his experience at Choate Rosemary Hall in the food services department. "The work there was always good. I had respect of my co-workers and my supervisors." It is Clinton's pride in his work and respect of his coworkers that continues to motivate him today on the job.

Working with Kuhn staff, Clinton obtained a job at Jake's Wayback Burgers in Meriden that he continues to enjoy today. After beginning at minimum wage and fifteen hours each week, Clinton has since earned a merit increase and is now able to work additional hours. The success Clinton has had at work has also translated into successes in other areas of his life including being able to support himself without Section 8 housing subsidy and being able to move to a larger apartment with his fiancé.

MERIDEN

Individuals receiving services are generally funded through the Department of Developmental Services (DDS) or a local Board of Eduction (BOE). To participate in Kuhn services individuals must have a disability and a verified funding source, be eighteen years of age or older (sixteen years old for BOE referral) and have the ability to benefit from services. Program participants typically have an intellectual/developmental disablity. The four programs described below are offered and represent a continuum of services designed to match the wide range of skills and abilities of persons served.

Community Experience Program (CEP):

Individuals have the opportunity to learn appropriate social skills and behaviors through a variety of community activities, as well as, in-house projects (i.e.: arts & crafts). Community activities are planned based on the individual participants' expressed interests. Behavior programs and positive reinforcement are utilized to assist participants to move toward work readiness.

Work Services Program (WS):

Designed to provide individuals with a work experience in a sheltered environment through subcontract assembly, packaging, and light manufacturing work from the local business community. Participants are generally paid on a piecerated basis via Kuhn payroll, in accordance with Department of Labor (DOL) standards. Individualized Service Plans (ISP) are established for each participant to maximize their productivity and earning potential, as well as, their work skills and behaviors so that they may reach their maximum level of independence.

Group Supported Employment (GSE):

Offers participants community-based employment with onsite support of a Job Coach. Work crews are small groups of participants that perform job duties at the employers' job site with a Job Coach. Program participants are paid via Kuhn payroll at an hourly rate that is assessed every six months in accordance with DOL standards. Wage reviews consider an individuals work productivity and quality as it relates to the same work performed by a non-disabled person. An ISP is established for each participant to maximize their productivity and earning potential, as well as, their work skills and behaviors so that they may reach their maximum level of independence. Offers participants a choice of first or second shift work opportunities.

Independent Supported Employment (ISE):

Program participants who demonstrate the skills and ability to work at a competitive level work individually with an **Employment Specialist (ES)** to identify an appropriate job match, learn job-seeking skills and to be placed in a job with an area employer. Competitive employment is defined as earning minimum wage or higher with the participant being paid directly by the employer. The ES provides initial on the job coaching to ensure success in employment. Ongoing support for the participant focuses on job duties/ work performance, employer feedback, relationships with coworkers, and any other issue that may affect the participant's job success. ISP is established for each participant to guide effective, person-centered service delivery.

Another service offered through Kuhn's Meriden facility includes working with local Boards of Education (BOE) students. Participants funded through a BOE can access any of the programs identified above as appropriate to meet their needs/ skill level. A BOE School to Work Transition plan is individualized allowing students to attend school part-time and Kuhn part-time so that they can meet their educational requirements while beginning to learn

work skills and behaviors. Kuhn may also offer BOE students Career Exploration/ Individualized Vocational Planning services. These services may be conducted either in the community or within the agency's facility.

EAST HAMPTON

School to Work Transition Program:

Kuhn has a unique contractual relationship with the East Hampton Board of Education. This program was designed to enhance vocational resources / services in order to provide well coordinated school-to-work transitions for special education students based in the East Hampton community. Kuhn staff is housed at East Hampton High School and the town's alternative Learning Center. Students in this program are offered individualized services to meet their needs including but not limited to: career exploration & vocational planning, community-based situational assessments, group supported employment and, independent competitive job placement services. Students also receive assistance in planning for long-term services/ funding, as needed, in order to transition to adult services.

MIDDLETOWN

Individuals receiving services through Kuhn's Middletown office are funded through the Department of Mental Health & Addiction Services (DMHAS). To participate in these programs individuals must be eighteen years of age or older, a resident of Middlesex County, Lyme or Old Lyme. They must meet the DMHAS definitions for having a severe and prolonged mental illness, income below the poverty level and receive DMHAS - funded clinical services. In addition, they must demonstrate a desire to work and have an impairment in vocational functioning. The two programs described below are offered via the Middletown office.

Supported Employment:

program provides This the individualized supports necessary for persons served to obtain and maintain competitive, community employment that meets their needs and interests. Program services are provided by an ES and include, but are not limited to, vocational planning, job matching, job seeking skills training, job development & placement, time-limited job coaching, job counseling and, follow along support. ISP is established for each participant to guide effective, person-centered service delivery.

Vocational Mentor Program (VMP):

This peer support program provides individuals who are successfully discharged from the Supported Employment Program to continue vocational support by a peer mentor. As an individual's need for job-related support decreases, the mentor and the ES work collaboratively to offer the participant ongoing support at a less intensive level. A Job Support Group is available to all VMP and Supported Employment program participants, and is also open to any individual with a mental illness who resides in the service area and has a desire to work.

RUSHFORD

Supported Employment: Kuhn and The Rushford Center, Inc., two local nonprofit agencies, collaborated to design employment services for persons with psychiatric disabilities living in Meriden and Wallingford. Eligible participants receive clinical services from Rushford and employment support services from Kuhn via an evidenced based model of supported employment that integrates these service components.

Supported Employment is similar to Kuhn's Middletown-based services as stated above.



A Success Story

Robin W. first came to Kuhn in February 2009. While she had the desire to work, attempts to find work had been unsuccessful because of some physical challenges. Robin has limited use of one arm and one leg due to the effects of cerebral palsy. Kuhn was told that Robin may have limitations to both her work skills and her stamina. Robin proved them wrong! She started working in Kuhn's Work Services program, and learned all of the jobs available. She would find ways to accommodate to her needs, always completing her work correctly and completely.

By August of 2009, a new crew was being formed to work at a company called Aplicare, a local Meriden-based business that formulates produces, and packages topical antiseptic and personal care products. Robin was selected to work on that crew because she demonstrated the skills, motivation, and drive to be successful in the job.

What makes Robin's story truly a success story is not only that she is working, although that is success in itself but, that Robin exemplifies the mission of Kuhn Employment Opportunities - valued, independent, and proud- in how she conducts herself. She is valued on the crew for her work, but more importantly for the example she sets for others. She always has a positive attitude and is a positive role model for her coworkers. Robin demonstrates her independent spirit every day by not allowing physical challenges to prevent her from doing what she wants to do.



The KUHN Mission Statement

"The Kuhn organization is committed to developing quality skill enhancement programs which provide meaningful employment for persons with disabilities so that they will become independent, gain self-estem, and be accepted by the community."



MERIDEN 1630 N. Colony Rd. Meriden, CT 06450 (203) 235-2583 MIDDLETOWN 100 Plaza Middlesex Middletown, CT 06457 (860) 347-8923 RUSHFORD 883 Paddock Ave. Meriden, CT 06450 (203) 634-7013

EAST HAMPTON Transition Academy

Transition Academy 55 Main Street East Hampton, CT 06424 (860) 365-4071